



## *What Parents Want to Know*

Teen Decision is a community-based nonprofit offering healthy relationship and sexual risk avoidance education. Our unique program fills a gap in today's sex education, teaching teens how to have healthier relationships and how delaying sexual activity can actually improve relationship outcomes. Our educators serve over 35 public and private schools throughout the western suburbs of Chicago.

### *What makes Teen Decision unique?*

Teen Decision's proven program design approaches sex education as a part of social-emotional learning. Our educators provide medically accurate information about sexual risks, but don't stop there. Each educator relates the information to real life and engages students in practical discussions to help apply the information. Facts are presented alongside strategies to help teens have healthier relationships so that lessons become more than just a talk about "the birds and the bees." The emphasis on healthy relationships makes the program beneficial to students at all stages of development.

### *What is your main message?*

Teen Decision's main message is that the healthiest relationships form when you know someone before you trust them; trust someone before you rely on them; make sure someone is reliable before you commit to them; and establish commitment before you enter into a physical relationship. As a sexual risk avoidance (SRA) program, Teen Decision also teaches teens to abstain from sexual activity as the primary way to avoid teen pregnancy and STDs. If you have further questions about our messaging, please contact the director at [info@teendecision.org](mailto:info@teendecision.org). Please note: Some partnering schools may address additional sexual wellness topics outside of our program scope. Check with your school directly for more information about other sex education they may offer.

***Your partner in helping teens make good choices.***